

J. Collis Browne's Mixture

(morphine, peppermint oil)

Important information about J. Collis Browne's Mixture

- This medicine relieves the symptoms of coughs and diarrhoea in adults, the elderly and children over 6 years.

Do not take....

- If you have breathing problems.
- Or give to children under 6 years.
- Avoid drinking alcohol while taking this medicine. See section 2.
- Different doses are needed depending on whether you take this medicine for a cough or for diarrhoea. See section 3.

Now read the rest of the leaflet before you use this medicine. It includes other information which might be especially important for you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need any more information or advice.
- If you notice any side effects not listed in this leaflet please tell your doctor or pharmacist.

1. What the medicine is for

J. Collis Browne's Mixture relieves coughs and the symptoms of diarrhoea. The medicine contains morphine which helps calm and reduce the effects of diarrhoea and griping pains. It also contains peppermint oil which calms the stomach and relieves flatulence and griping.

2. Before you use this medicine

Do not use the medicine if you or your child have....

- An **allergy** to any of the ingredients listed in section 6.
- Shallow breath or breathing difficulties.**
- A **head injury or persistent headache.**
- An **asthma** attack.
- Taken **MAOIs (monoamine oxidase inhibitors)** for depression within the last two weeks.
- A **blocked intestine** or inflammation of your colon or rectum.
- An **addiction to alcohol.**
- Or your child is under 6 years old.

Talk to your doctor if you or your child have....

- Kidney or liver problems.
- Low blood pressure.
- Prostate problems.
- An under active thyroid gland.
- Epilepsy or fits.
- An addiction to drugs such as painkillers or morphine.
- Or are elderly, or weak as you may react differently to this medicine.

Talk to your doctor or pharmacist if you or your child are taking....

- Any tranquillisers/sedatives (e.g. diazepam, lorazepam).
- Any antidepressants (e.g. MAOIs, SSRIs amitriptyline).
- Any sleeping tablets (e.g. temazepam, promethazine).

- Any medicine for mental illness (e.g. chlorpromazine, haloperidol).
- Any medicine to treat epilepsy (e.g. carbamazepine, phenytoin).
- Any medicine for a heart problem (e.g. mexiletine).
- Medicines to thin the blood (e.g. warfarin).
- Alcohol.
- Cimetidine for a stomach ulcer.
- Metoclopramide or domperidone for nausea and vomiting.
- Cisapride for gastric reflux.

Pregnant or breastfeeding....

Ask your doctor or pharmacist for advice before using this medicine if you are pregnant, might be pregnant or are breastfeeding.

Important information about some of the ingredients

This medicine contains 2.3 vol% ethanol (alcohol), i.e. up to 351mg per 15ml dose, equivalent to 7ml beer or 3ml wine per dose. Harmful for those suffering from alcoholism. To be taken into account in pregnant and breastfeeding women, children and high risk groups such as patients with liver disease and epilepsy.

It also contains sorbitol, sucrose and fructose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

Turn over ↗

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3. How to use this medicine

Take this medicine by mouth.

For Diarrhoea

Adults, the elderly and children over 12 years

- Take two or three 5ml spoonfuls (10-15ml) every 4 hours up to a maximum of three doses.

Children aged 6-12 years

- Give one 5ml spoonful every 4 hours up to a maximum of three doses.

For coughs

Adults, the elderly and children over 12 years

- Take one or two 5ml spoonfuls (5-10ml) every 4 hours.

Children aged 6-12 years

- Give one 5ml spoonful every 4 hours.

Children under 6 years

Do not give to children under 6 unless your doctor tells you to.

DO NOT EXCEED THE STATED DOSE.

If your symptoms persist you should ask your doctor for advice.

If you take too much

If you accidentally take too much, see a doctor straight away. Take the pack with you to show which medicine you have swallowed.

If you forget a dose

Take the next dose as soon as you remember. Do not take a double dose. You can then carry on with the normal dose at the correct time.

4. Possible side effects

Like all medicines J. Collis Browne's Mixture can have side effects, although these don't affect everyone.

Possible side effects are:

- Allergic reactions (rash, itching, wheezing).
- Feeling sick.
- Being sick.
- Constipation.
- Drowsiness.
- Difficulty in passing urine or reduced amounts of urine when you do urinate.
- Spasms.
- Dry mouth.
- Sweating.
- Headache.
- A flushed face.
- Vertigo.
- Changes in heart rate.
- Palpitations (awareness of your heartbeat).
- Low blood pressure or body temperature.
- Hallucinations (seeing or hearing things).
- Restlessness or mood changes.
- Addiction.
- Pinpoint pupils.
- Loss of sex drive.

If you notice these or any other side effect not included above, stop use and tell your doctor or pharmacist. They will tell you what to do.

5. Storing this medicine

- Keep it out of the reach and sight of children.
- There are no special storage conditions for storing this medicine.
- Do not use after the expiry date shown on the carton. The expiry date refers to the last day of that month.
- Medicine should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of any unused medicine. These measures will help to protect the environment.

6. Further information

What is in this medicine

The active ingredients per 5ml are:

morphine hydrochloride equivalent to 1.0mg anhydrous morphine, peppermint oil 1.5 microlitres.

The other ingredients are:

ethanol (alcohol), benzoic acid (E210), capsicum tincture, caramel (E150), chloroform, citric acid (E330), hypromellose, sorbitol solution, treacle (containing sucrose and fructose), purified water.

What the medicine looks like

J. Collis Browne's Mixture is a dark brown liquid which smells of peppermint and caramel. It is supplied in bottles of 45ml and 100ml.

Marketing authorisation holder and manufacturer

Thornton and Ross Ltd., Huddersfield, HD7 5QH, UK.

This leaflet was revised in January 2009

J. Collis Browne's is a trade mark of Thornton & Ross Ltd. 22913807

Data Matrix: 22913807 VERIFIED

Printed Component Proof

Product & Size:	Leaflet: J. Collis Browne's Mixture 45ml/100ml T&R			Colours Used	Approved by	Date
				Black		
Label No.	22913807	Proof No.	Three	Key (non-printing)		
Keyline Ref	-	Date	27/01/09			
Size	210 x 148mm flat (26 x 148mm folded)	RMS No	1436			
Supplier	Medieq	Operator	LCH			
R.M.	229138	Artwork No	21235			
Reason for Change:	Type 11 variation for change to active ingredients. Amends at request of MHRA assessor. Change request number 2622.				Issued by:	Date: